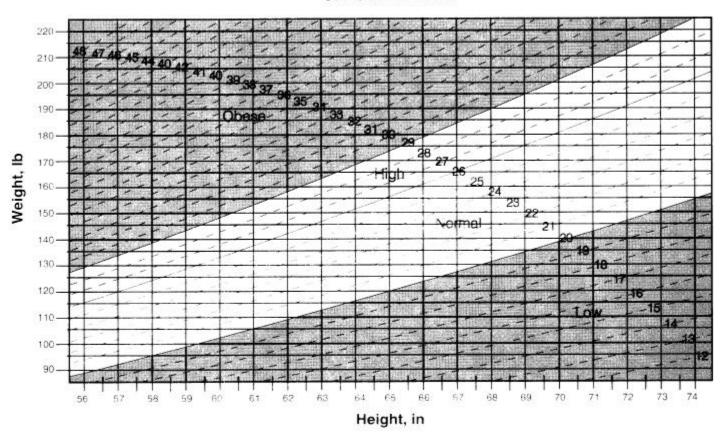
Attachment 2 Body Mass Index Grid

Refer to the following pages for Attachment 2.

Department of Health and Social Services Division of Health POH 4581 (12/93)

Chart for Estimating Body Mass Index (BMI) Category and BMI (Pounds and Inches) of Adult Women



Directions

To find BMI Category (e.g., low, normal, etc.), find the point where the woman's height and weight intersect.

To estimate BMI, read the bold number on the dashed line that is closest to this point.